



EWF YOUTH TRAINING CAMP

Tsaghkadzor (ARM), 01–07 December 2026



INVITATION TO EWF MEMBER FEDERATIONS

The European Weightlifting Federation is pleased to extend its formal invitation to all Member Federations to participate in the EWF Youth Training Camp, to be held in Tsaghkadzor, Armenia, from 01 to 07 December 2026.

KEY INFORMATION

- Arrival Date: 01 December 2026
- Departure Date: 07 December 2026
- Accommodation: Tsaghkadzor Sport Center & Hotel
- Training Venue: Hoksen Mirzoyan Weightlifting Hall of Tsaghkadzor Sports Center
- Airport: Zvartnots International Airport (EVN)
- Distance by road: approximately 72 km



TRAINING SCHEDULE

- Morning Training Session: 08:00 – 13:00
 - Afternoon Training Session: 15:00 – 18:00
-

PARTICIPATION LIMITS

- **Maximum Number of Athletes:** 40 (20 boys and 20 girls)
- **Maximum Number of Coaches:** 20
- **Staff:** 5

Please note that EWF will only accept the first 40 athlete applications (20 boys and 20 girls). Early booking is strongly recommended to secure participation.

TEAM COMPOSITION

Each federation may register:

- One (1) male coach
 - One (1) female coach
 - Two (2) male youth athletes (aged 13–17)
 - Two (2) female youth athletes (aged 13–17)
-

ACCOMMODATION

- Full board accommodation will be provided and covered by EWF.
 - Special room allocation requests must be submitted no later than 01 November 2026.
-

TEAM LEADER RESPONSIBILITIES

The designated Federation Coach will act as the official Team Leader and assume full responsibility for their federation's participants. All official communications from EWF during the camp will be conducted through the Team Leader, either in person or via WhatsApp.

TRAVEL AND TRANSPORT

- **International Travel:**

Each participating federation will be responsible for booking and covering the cost of international flights to/from Yerevan, Armenia.

- **Airport Transfers:**

Transfers between **Zvartnots International Airport and Tsaghkadzor** will be organized and covered by the **Armenian Weightlifting Federation**, ensuring comfortable arrival and departure for all participating delegations.

- **Local Transportation:**

All official local transportation related to the training camp will be organized by the **Armenian Weightlifting Federation**.

- **Cultural & Educational Visit:**

As part of the camp program, the Armenian Weightlifting Federation will organize a **special cultural excursion to Yerevan**, giving participants an opportunity to discover Armenia's history, culture and sporting heritage. Transportation for the official excursion will be provided by the host federation.

AVDALYAN LEGACY CUP– 6 DECEMBER 2026

As part of the training camp program, a **friendly weightlifting tournament will be organized on 6 December 2026** for the participating athletes.

The tournament will provide athletes with an opportunity to **test their current performance, evaluate the results of the training process, exchange competitive experience, and further improve their technical and competitive skills** in an international environment.

The event will also promote **friendship, mutual respect, fair play, and cooperation** among athletes and coaches from the participating national federations.

All participating athletes will receive **official certificates of participation**, while medal-winning athletes will be awarded **medals** in recognition of their performance.

ENTRY DEADLINE

All entries for accreditation and accommodation must be submitted no later than 10 October 2026.

Please note that places are limited and will be allocated on a first-come, first-served basis. Should the maximum number of participants be reached before the official deadline, entries will close earlier.

SUBMISSION OF ENTRY FORMS

Please send completed participation entry forms to: jesmond.caruana@ewf.sport

Whatsapp: +356 7963 2415

The European Weightlifting Federation and the Weightlifting Federation of Armenia are delighted to welcome your delegation to Tsaghkadzor and look forward to sharing a memorable week dedicated to training, development, cooperation, and the spirit of European weightlifting.

European Weightlifting Federation
www.ewf.sport