

# 2025 EWF JUNIOR & U23 CHAMPIONSHIPS



Durrës, Albania

**28.10 - 04.11**



[WWW.EWF.SPORT](http://WWW.EWF.SPORT)



# TO EUROPEAN WEIGHTLIFTING FEDERATION MEMBER FEDERATIONS

## **Dear Weightlifting Friends,**

On behalf of the Albanian Weightlifting Federation and the Organizing Committee, it is our great pleasure to invite all athletes, coaches, and officials from Europe to Durrës, Albania, from October 28 to November 4, 2025, for the 2025 EWF European Junior & U23 Championships.

We look forward to welcoming you to Albania for a week of competition, teamwork, and friendship. This championship will bring together Europe's weightlifting community to compete at the highest level, support each other, and enjoy the sport we all love.

Durrës, one of the oldest and most beautiful coastal cities, will provide a wonderful setting for the event. Our team is working hard to ensure everything is well prepared so that you can focus on your performance and enjoy your time here.

We hope you will join us in making this a memorable and successful championship for everyone involved.  
With best regards,

Elez Gjoza  
President, Albanian Weightlifting Federation



## 1. KEY DATES

27.07	<ul style="list-style-type: none"> <li>• EWF invites Member Federations to participate competitions</li> </ul>
28.07	<ul style="list-style-type: none"> <li>• Whereabouts information of Athletes wishing to compete at European championships must be properly submitted three months before the European championships and throughout the whole competition</li> </ul>
26.08 - 28 .08	<p><b>Preliminary Entries Junior</b></p> <ul style="list-style-type: none"> <li>• Max 8 Main Athletes for female</li> <li>• Max 8 Reserve Athletes for female</li> <li>• Max 8 Main Athletes for male</li> <li>• Max 8 Reserve Athletes for male</li> </ul> <p><b>Preliminary Entries U23</b></p> <ul style="list-style-type: none"> <li>• Max 8 Main Athletes for female</li> <li>• Max 8 Reserve Athletes for female</li> <li>• Max 8 Main Athletes for male</li> <li>• Max 8 Reserve Athletes for male</li> </ul>
25.08 - 28.08	Technical Official's Nomination deadline
07.09	Information about selected Technical Official's
25.09 - 28.09	<p><b>Final Entries Junior</b></p> <ul style="list-style-type: none"> <li>• Max 8 Main Athletes for female</li> <li>• Max 2 Reserve Athletes for female</li> <li>• Max 8 Main Athletes for male</li> <li>• Max 2 Reserve Athletes for male</li> </ul> <p><b>Final Entries U23</b></p> <ul style="list-style-type: none"> <li>• Max 8 Main Athletes for female</li> <li>• Max 2 Reserve Athletes for female</li> <li>• Max 8 Main Athletes for male</li> <li>• Max 2 Reserve Athletes for male</li> </ul>
29.09 - 01.10	<ul style="list-style-type: none"> <li>• Team receives Invoices</li> </ul>
01.10 - 03.10	<ul style="list-style-type: none"> <li>• Team Payment by bank transfer</li> </ul>



## 1.KEY DATES

from 13.10 (09.00 a.m. CET) to 14.10 (09.00 a.m. CET)	<b>Online Final Verification Junior</b> <ul style="list-style-type: none"> <li>• Max 8 Main Athletes for female</li> <li>• Max 8 Main Athletes for male</li> <li>• Max two athletes for each category</li> </ul> <b>Online Final Verification U23</b> <ul style="list-style-type: none"> <li>• Max 8 Main Athletes for female</li> <li>• Max 8 Main Athletes for male</li> <li>• Max two athletes for each category</li> </ul>
24.10	<ul style="list-style-type: none"> <li>• Publishing Start book</li> </ul>
26.10	<ul style="list-style-type: none"> <li>• Selected Technical Official's arrival day</li> </ul>
1.27.10 15:00 2.27.10 17:00 3.27.10 19:00	1.Seminar Cyber security in weightlifting 2.ITOs meeting 3.Opening Ceremony *Information regarding the competition will be communicated to National Federations via email for dissemination to Team Managers
28.10 - 04.11	<ul style="list-style-type: none"> <li>• <b>Competition</b></li> </ul>
28.10	<ul style="list-style-type: none"> <li>• <b>First day of the competition:</b></li> </ul>
31.10	<ul style="list-style-type: none"> <li>• Halfway meeting for Technical Officials</li> </ul>
01.11	<ul style="list-style-type: none"> <li>• Anti-doping Seminar TBC</li> </ul>
04.11	<ul style="list-style-type: none"> <li>• Last day of the competition</li> </ul>
05.11	<ul style="list-style-type: none"> <li>• Departure day</li> </ul>



## 2. ACCOMMODATION AND FEES

**Grand Blue Fafa Resort & Spa, Long Beach, Golem, Kavaje**

### **Accommodation prices:**

Single Occupancy € 160 (euros) per person per day

Twin/Double Occupancy € 140 (euros) per person per day

Check-in: 14.00 Check-out: 11.00

The minimum stay in a hotel for the participants is 4 days. If needed, contact the LOC directly to make special arrangements for a minimum stay.

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the LOC 14 days before the first competition day, the delegation must pay to the LOC, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent. After the submission of the Accommodation & Transportation Form on 28/09/2025 should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after 14/10/2025 and no refunds will be given.

For matters of accommodation and accreditation, please contact:  
[albaniawf@gmail.com](mailto:albaniawf@gmail.com)

The ACCREDITATION CENTRE is located at the

Grand Blue Fafa Resort & Spa Long Beach, Golem, Kavaje





## 2. ACCOMMODATION AND FEES

Entry Fee: 200 € per person.

IWF Special Anti-Doping Fee: 100 USD, junior athletes only.

Transportation fee: 20 € per person (Tirana Airport – Hotel and vice versa)

Payment must be made by bank transfer, and any bank charges for transfers or other transactions are the responsibility of the MF.

Details of the Albanian Weightlifting Federation bank:

The Bank: Credins Bank

Address: Credins Bank sh.a., Rruga "Vaso Pasha", Nr.8, Tirane

SWIFT Code: CDISALTRXXX

Account Holder: Federata Peshengritje

Customer Address: Rr Liman Kaba Parku Olimpik 12, Tirane

- Currency: EUR
- IBAN\* AL87212110090000000001665733

- Currency: USD
- IBAN\* AL17212110090000000001665732

**Payments made in Euro (€) currency -**

Accommodation, Entry Fee, Transportation Fee.

**Payments made in US DOLLAR (USD, US\$) currency –**

IWF Special Anti-Doping Fee



### 3. MEDIA

The EWF and Albanian Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental competition and weightlifting, in general.

In this sense, the Organizing Committee is considering extending the possibility of overnight accommodation in other hotels with more advantageous financial conditions for accredited Media Representatives.

In case of any questions, please contact:  
[office@ewf.sport](mailto:office@ewf.sport)

All media engagement for the 2025 EWF Junior & U23 Championships is **coordinated** exclusively by the **EWF Media Office** at **[office@ewf.sport](mailto:office@ewf.sport)**

EWF retains sole ownership of all livestream, broadcast, OTT, VOD, and highlight rights.

Any commercial licensing or monetization of content requires a prior written EWF Agreement.

Accredited media may capture still photographs for editorial use from approved positions.

Audio-visual recording (including but not limited to live, near-live clips, and social streaming, clips, reels) is not permitted without prior written EWF Agreement.

A media accreditation form will be provided by the EWF Media Team. Only applications submitted through this form within the stated deadline will be considered.

For any questions regarding commercial rights, licensing, or monetization, please contact the EWF Media Office directly at [office@ewf.sport](mailto:office@ewf.sport)



## 4. COMPETITION AND TRAINING VENUE

### Competition hall name:

Ramazan Njala Sports Palace, Durrës

### Training hall name:

Grand Blue Fafa Resort & Spa, Long Beach, Golem, Kavaje

Shuttles will be available for transportation between the hotel and the competition hall.

## 5. ELIGIBILITY

The participation in the European Junior championships is limited to athletes and team officials from NF who are full members of the EWF.

At the 2025 European U23 Championships, IWF/EWF Associated Members can participate, and their results will be included in the official 2025 European U23 Championships results.

In accordance with Article 5.5.16 of the IWF Anti-doping rules, for participants at European Junior Championships, since the Competition starts on the 28th of October 2025, the whereabouts information should be submitted for Q3 2025 by 28 July 2025 (3 months prior to the event) and should be submitted for Q4 2025 by 30th September 2025.

If you have any problems submitting your Whereabouts, please contact IMMEDIATELY **[iwf@ita.sport](mailto:iwf@ita.sport)**

All Athletes participating are recommended to complete the WADA ADeL online course for Athletes before competing. The following **[link](#)** will take you to the course.

Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to get the certificate, much as they did with the IWF ILiftClean platform.

The certificate has to be sent to: **[weightlifting.education@ita.sport](mailto:weightlifting.education@ita.sport)**

Please contact WADA at [adel@wada-ama.org](mailto:adel@wada-ama.org) if athletes and athlete support personnel (coaches, team doctors, etc.) have any issues with the registration procedure.





## **6. COMPETITION RULES**

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO equipment will be used in competitions as well as in training.

## **7. DOPING CONTROL**

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

## **8. INSURANCE**

Participating Federations must accept full moral and financial responsibility for their respective delegations.

Before departing their homeland, all participants must be covered by their respective Federations for travel and accident/injury/illness (including Covid-19).

## **9. EVENT CATEGORIES AND AWARDS**

### **European Junior Championships**

Weightlifters born between 1st January 2005 and 31st December 2010 (aged between 15-20 years).

Women, 8 categories: 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, 86 kg, +86.

Men, 8 categories: 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, 94 kg, 110 kg, +110.

### **European Under 23 Championships**

Weightlifters born between 1st January 2002 and 31st December 2004 (aged between 21-23 years).

Women, 8 categories: 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, 86 kg, +86.

Men, 8 categories: 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, 94 kg, 110 kg, +110



Gold, silver, and bronze medals will be awarded to the first, second, and third place lifters in Snatch, Clean & Jerk, and Total in each bodyweight category for each championship.

The best male and female athletes, as well as the top six ranked men's and women's teams, will receive trophies according to the IWF team classification.

Diplomas will be awarded to all participants.

## **10. VISAS**

Participants who require a visa to enter Albania must complete the Visa Application Form and return it together with passport copies before 28 August, 2025 to e-mail: **albaniaawf@gmail.com**

LOC will supply visa invitation letters to all Federations / Associations free of charge if they provide all the required documents in time.

LOC cannot guarantee the visa invitation letter if participants send their documents later than the deadline.

## **11. TERMS AND CONDITIONS OF PARTICIPATING**

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with the EWF, the IWF Constitution and By-Laws, the IWF TCRR, the Anti-Doping Rules (ADR)
- Abide by all reasonable directions given by the EWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by EWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented



- Should attend Press Conference upon request of EWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the EWF and/ or OC shall have no responsibility for any loss or damage to this property
- Should irrevocably release EWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food, and transportation payment prior to use of any OC or EWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.
- All participating federations and their respective members hereby acknowledge and agree that, upon receipt of event accreditation, any recorded material (including but not limited to video, audio, and photographic content) of any event participant may be used by the EWF for its official purposes, without the need for prior consent and without any obligation of compensation from the EWF.
- Accredited media must use the official accreditation form within the set deadline and coordinate only with the EWF Media Office ([office@ewf.sport](mailto:office@ewf.sport)). They may take still photographs for editorial use from approved positions; any video or audio-visual recording (including livestream, near-live, clips, social media videos, or reels) is prohibited without prior written EWF Agreement. All livestream, broadcast, OTT, VOD, and highlight rights remain the property of the EWF, and any commercial licensing or monetization requires prior written EWF approval.



## **12. COMMONWEALTH GAMES QUALIFICATION EVENT**

The 2025 European Junior Championships will count as a qualification event for the 2026 Commonwealth Games for Full Member Federations.

## **13. FURTHER INFORMATION**

### **Albanian Weightlifting Federation**

- President: Mr. Elez GJOZA
- Tel.: +355 67 204 1601 (WhatsApp)
- e-mail: [albaniawf@gmail.com](mailto:albaniawf@gmail.com)

### **European Weightlifting Federation**

- EWF General Secretary: Dr. Milan MIHAJLOVIC
- Tel: +381 63 287 263 (WhatsApp)
- e-mail: [secretariat@ewf.sport](mailto:secretariat@ewf.sport)

# **WELCOME TO ALBANIA !**



## DRAFT TIMETABLE

October 28	1.W JU 48 2.W JU 53 B / 58 B 3.M JU 60 4.W JU 53 5.W U23 48 6.W U23 53	1.09:00 2.11:00 3.13:00 4.15:00 5.17:00 6.19:00
October 29	1.M JU 65 2.W JU 58 3.M JU 71 B 4.M U23 60 5.W U23 58B 6.M U23 65	• 09:00 • 11:00 • 13:00 • 15:00 • 17:00 • 19:00
October 30	1.M U23 71B 2.M JU 71 3.W JU 63 B 4.M JU 79 B 5.W U23 58 6.M U23 71	1.09:00 2.11:00 3.13:00 4.15:00 5.17:00 6.19:00
October 31	1.W U23 63 B 2.W U23 63 3.M JU 79 4.W JU 63 5.W U23 69 B 6.M U23 79 B	1.09:00 2.11:00 3.13:00 4.15:00 5.17:00 6.19:00
November 1	1.W JU 69 B 2.W JU 69 3.M JU 88 B 4.M JU 88 5.M U23 79 6.W U23 69	1.09:00 2.11:00 3.13:00 4.15:00 5.17:00 6.19:00



## DRAFT TIMETABLE

November 2	1.M U23 88B 2.M JU 94 B 3.M JU 94 4.W JU 77 5.M U23 88 6.W U23 77	1.09:00 2.11:00 3.13:00 4.15:00 5.17:00 6.19:00
November 3	1.W JU 86 2.W JU +86 3.M JU 110 4.M JU +110 5.W U23 86	1.09:00 2.11:00 3.13:00 4.15:00 5.17:00
November 4	1.M U23 94 2.W U23 +86 3.M U23 110 4.M U23 +110	1.09:00 2.11:00 3.13:00 4.15:00

- The competition schedule is subject to change after the final entry deadline & after the verification of final entries.