



# REGULATIONS

# EUROPEAN

# YOUTH & U15

# WEIGHTLIFTING

# CHAMPIONSHIPS

Thessaloniki, Greece

June 15<sup>th</sup> – 23<sup>rd</sup>, 2024



**To: European  
Weightlifting Federation  
Member Federations**

## **OFFICIAL INVITATION**

Dear Friends,

On behalf of the Hellenic Weightlifting Federation and Organizing Committee, we have the great honour to invite all athletes, coaches, and officials from all the EWF Member Federations to Thessaloniki, Greece, from June 15 to 23, 2024, to participate in the 2024 EWF Youth & U15 European Championships.

Thessaloniki is the second-largest city in Greece with slightly over one million inhabitants in its metropolitan area and the capital of the geographic region of Macedonia and is located on the Thermaic Gulf, at the northwest corner of the Aegean Sea.

The city is renowned for its festivals, events and vibrant cultural life in general. Events such as the Thessaloniki International Fair and Thessaloniki International Film Festival are held annually.

The city's main university, Aristotle University, is the largest in Greece and the Balkans.

It's been 23 years since the Junior World Weightlifting Championship was last held in the city and the people of Thessaloniki are really excited to welcome such a big event once more.

We look forward to welcoming you soon in the beautiful city of Thessaloniki, famous for its great history and culture!

Yours sincerely,

President  
Secretary  
Theano Zagkliveri  
Dimas

General  
Pyrros



## 1. KEY DATES

<b>EWF invites Member Federations to participate</b>	<b>15 March 2024</b>
<b><i>Whereabouts information of Athletes wishing to compete at European championships must be properly submitted three months before the European championships and throughout the whole competition</i></b>	<b>15 March 2024</b>
<b>Technical Official's nomination deadline</b>	<b>12 April - 15 April 2024</b>
<p><b>Preliminary Entries Youth</b>            Max 10 Main Athletes for female            Max 10 Reserve Athletes for female            Max 10 Main Athletes for male            Max 10 Reserve Athletes for male</p> <p><b>Preliminary Entries U15</b>            Max 10 Main Athletes for female            Max 10 Reserve Athletes for female            Max 10 Main Athletes for male            Max 10 Reserve Athletes for male</p>	<b>12 April - 15 April 2024</b>
<b>Information about selected Technical Officials</b>	<b>10 May 2024</b>
<p><b>Final Entries Youth</b>            Max 10 Main Athletes for female            Max 2 Reserve Athletes for female            Max 10 Main Athletes for male            Max 2 Reserve Athletes for male</p> <p><b>Final Entries U15</b>            Max 10 Main Athletes for female            Max 2 Reserve Athletes for female            Max 10 Main Athletes for male            Max 2 Reserve Athletes for male</p>	<b>12 May - 15 May 2024</b>
<b>Team receives Invoices</b>	<b>20 - 25 May 2024</b>
<b>Team Payment by bank transfer</b>	<b>25 May - 01 June 2024</b>



<p><b>Online Final Verification Youth</b>  Max 10 Main Athletes for female  Max 10 Main Athletes for male  Max two athletes for each category</p> <p><b>Online Final Verification U15</b>  Max 10 Main Athletes for female  Max 10 Main Athletes for male  Max two athletes for each category</p>	<p><b>from 5 June 2024  (09.00 a.m. CET)  to 7 June 2024  (09.00 a.m. CET)</b></p>
<p><b>Publishing Start book</b></p> <p><b>Selected Technical Officials' arrival day</b></p>	<p><b>10 June 2024</b></p> <p><b>13 June 2024</b></p>
<p><b>Anti-doping &amp; Fair Play Seminar</b></p> <p><b>Team Manager's Meeting</b></p> <p><b>ITOs meeting in the Competition venue</b></p>	<p><b>14 June 2024  09:00-11:00 Local time</b></p> <p><b>11:30 - 12:30 Local Time</b></p> <p><b>17:00 Local time</b></p>
<p><b>Competition</b></p>	<p><b>15 - 23 June 2024</b></p>
<p><b>First day of the competition:</b></p>	<p><b>15 June 2024</b></p>
<p><b>Opening ceremony</b></p>	<p><b>15 June 2024 19:00</b></p>
<p><b>Halfway meeting for Technical Officials</b></p>	<p><b>19 June 2024</b></p>
<p><b>Last day of the competition:</b></p>	<p><b>23 June 2024</b></p>
<p><b>Departure day</b></p>	<p><b>24 June 2024</b></p>



## 2. ACCOMMODATION AND FEES

- Capsis Hotel Thessaloniki**  
For all info visit:  
<https://capsishotels.gr/thessaloniki/>

<b>Accommodation prices:</b>	
Single Occupancy	€ 160 (euros) per person per day
Twin/Double Occupancy	€ 145(euros) per person per day
Triple Occupancy	€ 120 (euros) per person per day

Check-in: 14.00      Check-out: 12.00

The minimum stay in a hotel for the participants is 4 days. If needed - contact the LOC directly to make special arrangements re-minimum stay.

**Hotel "No-Show" charges:** If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee 10 days before the first competition day, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form on 15/05/2024 should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after 05/06/2024 and no refunds will be given.

***For matters of accommodation and accreditation please contact:***

[2024youthewc@gmail.com](mailto:2024youthewc@gmail.com)

***The ACCREDITATION CENTRE is located at the • Capsis Hotel Thessaloniki***

Address: Monastiriou Str. 546 29 Thessaloniki



**Entry Fee: 200 €** per person.

**IWF Special Anti-Doping Fee: 100 USD**, youth athletes only.

**Transportation fee: 30 €** per person (Thessaloniki International Airport – Hotel and vice versa)

Payment must be made by bank transfer and any bank charges for transfers or other transactions are the responsibility of the Member Federation.

Details of the Hellenic Weightlifting Federation The Bank: NATIONAL BANK OF GREECE Address: STADIOU 38, 10564 ATHENS, GREECE SWIFT Code: ETHNGRAA Account Holder: HELLENIC WEIGHTLIFTING FEDERATION HWF Customer Address: OLYMPIC STADIUM 'SPYROS LOUIS', LEOF. KIFISIAS 37, 15123, MAROUSI	
Currency: <b>EUR</b> IBAN* GR9701102150000021501274696	Currency: <b>USD</b> IBAN* GR5301100802000008062140 960

Payments made in Euro (€) currency - Accommodation, Entry Fee, Transportation Fee.

Payments made in US DOLLAR (\$) currency – IWF Special Anti-Doping Fee

### 3. MEDIA

All media participants must be approved in advance. No Accreditation fee is required. Media Accreditation requests shall be submitted via e-mail to the Greece Weightlifting Federation and EWF. The EWF and Greece Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental competition and weightlifting, in general. In this sense, the Organizing Committee is considering extending the possibility of overnight accommodation in other hotels with more advantageous financial conditions for accredited Media Representatives. In case of any questions, please contact:

[2024youthewc@gmail.com](mailto:2024youthewc@gmail.com)

[media@ewf.sport](mailto:media@ewf.sport)



#### **4. COMPETITION AND TRAINING VENUE**

Competition hall name: Palais Des Sports (Alexandreio Melathron)

Training hall name: Palais Des Sports (Alexandreio Melathron)

Shuttles will be available for transportation between hotel and competition hall.

#### **5. ELIGIBILITY**

The participation in the European Youth & U15 championships is limited to athletes (boys and girls) and team officials from National Federations which are full members of the EWF.

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules & the Olympic Qualification System whereabouts information of the Athletes shall be submitted at a minimum of three months prior to the Event (by 15 March 2024). If you have any problems submitting your Whereabouts, please contact IMMEDIATELY [iwf@ita.sport](mailto:iwf@ita.sport)

All Athletes participating are recommended to complete the WADA ADeL online course for Athletes before competing. The following link will take you to the course: <https://adel.wada-ama.org/> Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to earn the certificate, much as they did with the IWF ILiftClean platform. Please contact WADA at [adel@wada-ama.org](mailto:adel@wada-ama.org) if athletes and athlete support personnel (coaches, team doctors, etc.) have any issues with the registration procedure.

#### **6. COMPETITION RULES**

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO equipment will be used in competitions as well as in training.



## **7. DOPING CONTROL**

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

## **8. INSURANCE**

Participating Federations must accept full moral and financial responsibility for their respective delegations.

Before departing their homeland, all participants must be covered by their respective Federations for travel and accident/injury/illness (Covid-19).

## **9. EVENT CATEGORIES AND AWARDS**

### **European Youth Championships**

☒ Weightlifters born between 1st January 2007 and 31st December 2011 (aged between 13-17 years).

Girls, 10 categories: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg +81 kg.

Boys, 10 categories: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg.

### **European Under 15 Championships**

☒ Weightlifters born between 1st January 2009 and 31st December 2011 (aged between 13-15 years).

Girls, 10 categories: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg +81 kg.

Boys, 10 categories: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg.

**One federation must compete with two different teams in the EWC Youth and U15 competitions. Youth and U15 teams must include different weightlifters.**

Gold, silver, and bronze medals will be awarded to the first, second, and third place lifters in Snatch, Clean & Jerk, and Total in each bodyweight category for each championship.

The best male and female athletes, as well as the top six ranked men's and women's teams, will receive trophies according to the IWF team classification.

Diplomas will be awarded to all participants.





## 10. VISAS

Participants who require a visa to enter Greece must complete the Visa Application Form and return it together with passport copies before 1 May,2024 to e-mail: [2024youthewc@gmail.com](mailto:2024youthewc@gmail.com)

Local Organizing Committee will supply visa invitation letters to all Federations / Associations free of charge if they provide all the required documents in time.

LOC cannot guarantee the visa invitation letter if participants send their documents later than the deadline.

## 11. FLAGS AND ANTHEMS

Each national federation is kindly asked to bring two (two) national flags (100 x 150 cm) and an mp3 version of their national anthem.

The Organizing Committee will collect them from each delegation upon their arrival.

## 12. TERMS AND CONDITIONS OF PARTICIPATING

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with the EWF, the IWF Constitution and By-Laws, the IWF TCRR, the Anti-Doping Rules (ADR)
- Abide by all reasonable directions given by the EWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by EWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented
- Should attend Press Conference upon request of EWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the EWF and/ or OC shall have no responsibility in any loss or damage of this property
- Should irrevocably release EWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors



- Should acknowledge that by not following the abovementioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or EWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.
- All participating federations and their members agree that any material recorded during the competition in which they are located may be used for EVF promotional purposes without compensation.

### 13. FURTHER INFORMATION

<b>Hellenic Weightlifting Federation</b>	<b>European Weightlifting Federation</b>
HWF General Secretary Mr. Pyrros Dimas Tel.: + 210 9231 780 e-mail: <a href="mailto:2024youthewc@gmail.com">2024youthewc@gmail.com</a>	EWF General Secretary Dr. Milan MIHAJLOVIC Tel: +381 63 287 263 (WhatsApp) e-mail: <a href="mailto:secretariat@ewf.sport">secretariat@ewf.sport</a>

**Welcome to  
Thessaloniki !**