



REGULATIONS EUROPEAN JUNIOR & U23 WEIGHTLIFTING CHAMPIONSHIPS

Durres, Albania
October 13th – 25th, 2022



FEDERATA SHQIPETARE E PESHENGRITJES
Albania Weightlifting Federation

To: European Weightlifting Federation

Member Federations

OFFICIAL INVITATION

Dear Friends,

On behalf of the Albanian Weightlifting Federation and the Organizing Committee of the Junior & U23 European Weightlifting Championships, we are pleased to invite to Durres, Albania all athletes, coaches and officials of all Member Federations affiliated to the EWF.

The Junior & U23 European Weightlifting Championships will take place from 15 – 25 October 2022 and Albania Weightlifting Federation will do the utmost to organize and make this event very special.

We wish that the participants of the Junior & U23 European Weightlifting Championships to have unforgettable memories of the friendship, love, and stay in Albania.

We look forward meeting all of you in Albania!

Yours sincerely,

Elez Gjoza, President



1. KEY DATES

EWF invites Member Federations to participate	12 August 2022
Technical Officials nomination deadline	13-16 August 2022
Preliminary Entries Max 10 Main Athletes for female Max 10 Reserve Athletes for female Max 10 Main Athletes for male Max 10 Reserve Athletes for male	13-16 August 2022
Whereabouts information of Athletes wishing to compete at European championships must be properly submitted two months before the European championships and throughout the whole competition	16 August 2022
Information about selected Technical Officials	20 August 2022
Final Entries Max 10 Main Athletes for female Max 2 Reserve Athletes for female Max 10 Main Athletes for male Max 2 Reserve Athletes for male	13-16 September 2022
Team receives Invoices	20-22 September 2022
Team Payment by bank transfer	23-27 September 2022
Online Final Verification * Max 10 Main Athletes for female Max 10 Main Athletes for male Max two athletes for each category	from 10 October 2022 (09.00 a.m. CET) to 12 October 2022 (09.00 a.m. CET)
Arrival day for EWF EB members	12 October 2022



EWF Committees' Meetings	13 October 2022 (09:00-12:00 CET)
EWF Executive Board Meeting	13 October 2022 (15:00-18:00 CET)
EWF Congress Registration: 09:00-09:30 CET Congress: 09:30-13:30 CET	14 October 2022
Selected Technical Officials' arrival day	14 October 2022
Publishing Start book	14 October 2022
Team Manager's Meeting	14 October 2022 (20.00 CET) Zoom
Anti-doping & Fair Play Seminar ITOs meeting in the Competition Hall Test event: OPENING CEREMONY	15 October 2022 09:00-10:30 CET 15:00 CET 16:00-17:30 CET
Competition	16 October - 25 October 2022
Halfway meeting for Technical Officials	20 October 2022
Last day of the competition:	25 October 2022
Departure day	26 October 2022

* During the Online Final Verification, Team Managers from each participating National Federations could access the specified period Entry system, to confirm the names, categories, and entry totals of their athletes including the correct spelling of their athletes' names as they appear in their respective passports.



2. ACCOMMODATION AND FEES

3. Team Hotel:	<i>Grand Blue Fafa Resort</i>
Technical Officials' Hotel:	<i>Grand Blue Fafa Resort</i>
EB Members, Meetings and Congress Hotel:	<i>Grand Blue Fafa Resort</i>

Address: *Grand Blue Fafa Resort*

Mali Robit 1001, Golem

Durres, Albania

Tel: +355 697001353 E-mail: info@fafa.al

Accommodation prices:	
Single room:	150 € / per person / per night
Double room:	130 € / per person / per night
Triple room:	110 € / per person / per night

Check-in: 14.00

Check-out: 12.00

The minimum stay in a hotel for the participants in the competition is three (3) nights.

The ACCREDITATION CENTRE is located at the GRAND BLUE FAFA RESORT.

Entry Fee: 150 € per person.

IWF Special Anti-Doping Fee: 50 USD, **junior athletes only.**

PCR test for Covid-19: under discussion

Rapid antigen test: under discussion

Transportation fee: 30 € per person, transportation between Tirana International Airport and Hotel

Payment must be made by bank transfer and any bank charges for transfers or other transactions are the responsibility of the Member Federation.



Details of the Albanian Weightlifting Federation bank:

The Bank: CREDINS BANK sh.a.

Address: Road 'VASO PASHA', Nr. 8, Tirana

SWIFT Code : CDISALTRXXX

Account Holder: FEDERATA PESHENGRITJE

Nr. Personal / NIPT : K51714004C

Customer Address : Road "LIMAN KABA" PARKU OLIMPIK, TIRANA

Account Number : 00001665733

Currency : EUR

IBAN* AL87 2121 1009 0000 0000 0166 5733

Account Number :00001665732

Currency : USD

IBAN* AL17 2121 1009 0000 0000 0166 5732

Payments made in Euro (€) currency - Accommodation, Entry Fee, Transportation Fee, PCR/Rapid test for COVID-19.

Payments made in US DOLLAR (USD, US\$) currency –IWF Special Anti-Doping Fee

MEDIA:

All media participants must be approved in advance. No Accreditation fee is required.

Media Accreditation requests shall be submitted via e-mail to the Albanian Weightlifting Federation and EWF.

The EWF and Albanian Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental competition and weightlifting, in general. In this sense, the Organizing Committee is considering extending the possibility of overnight accommodation in other hotels with more advantageous financial conditions for accredited Media Representatives, under the mandatory conditions that Covid-19 protocol and rules governing the smooth running of the competition in Albania are observed.

In case of any questions, please contact:

albaniawf@gmail.com and media@ewf.sport

3. COMPETITION AND TRAINING VENUE

Competition hall name:

Street "Deshmoret" Sport Complex "Ramazan Njala", **Durres**

Shuttles will be available for transportation between hotels and the competition hall.

Training hall name: Grand Blue Fafa Resort



4. ELIGIBILITY

The participation in the European Junior & U23 championships is limited to athletes (men and women) and team officials from National Federations which are full members of the EWF.

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2021 whereabouts information of the Athletes shall be submitted at a minimum of two months prior to the Event (by 16 August 2022).

If you have any problems submitting your Whereabouts, please contact IMMEDIATELY iwf@ita.sport

All Athletes participating shall successfully complete the WADA ADeL online course for Athletes before competing.

The following link will take you to the course: <https://adel.wada-ama.org/>

Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to earn the certificate, much as they did with the IWF ILiftClean platform.

Please contact WADA at adel@wadaama.org if athletes and athlete support personnel (coaches, team medics, etc.) have any issues with the registration procedure.

5. COMPETITION RULES

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO will be used in competitions as well as in training.

6. DOPING CONTROL

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

7. INSURANCE

Participating Federations must accept full moral and financial responsibility for their respective delegations.

Before departing their homeland, all participants must be covered by their respective Federations for travel and accident/injury/illness (Covid-19).



8. COVID-19 MEASURES

The health of athletes, coaches, officials, fans, organizers, and everyone associated with our event remains our top priority. Therefore, we ask you to consistently follow the measures of the IWF, the EWF and the host Federation.

All federations will be informed of the details of the host country's Covid-19 measures.

EWF Covid-19 Officer: Mr. Colin Buckley

9. EVENT CATEGORIES AND AWARDS

- **Age groups:**

- European Junior Championships**

- Weightlifters born between 1st January 2002 and 31st December 2007 (aged between 15-20 years old) are eligible to participate in the Junior Championships.

- European Under 23 Championships**

- Weightlifters born between 1 January 1999 and 31 December 2001 (aged 21, 22 and 23 years old) are eligible to participate in the Under 23 Championships.

- **Bodyweight categories**

Women, 10 body weight categories: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, +87 kg.

Men, 10 body weight categories: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, +109 kg.

The first, second and third lifters in Snatch, Clean & Jerk and Total in each weight category for Junior & Under 23 competitions will be awarded gold, silver and bronze medals.

The best individuals, male and female weightlifter / Junior & Under 23, as well as the top six (6) ranked men's and women's teams / Junior & Under 23, will receive trophies according to the IWF team classification.

All participants will receive diplomas.



10. VISAS

Participants who require a visa to enter Albania must complete the Visa Application Form and return it together with passport copies before 10 September 2022 to e-mail:

albaniawf@gmail.com

Local Organizing Committee will supply visa invitation letters to all Federations / Associations free of charge if they provide all the required documents in time.

LOC cannot guarantee the visa invitation letter if participants send their documents later than the deadline.

11. FLAGS AND ANTHEMS

Each national federation is kindly asked to bring two (two) national flags (100 x 150 cm) and an mp3 version of their national anthem.

The Organizing Committee will collect them from each delegation upon their arrival.

12. TERMS AND CONDITIONS OF PARTICIPATING

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with the EWF, the IWF Constitution and By-Laws, the IWF TCRR, the Anti-Doping Rules (ADR)
- Abide by all reasonable directions given by the EWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by EWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented
- Should attend Press Conference upon request of EWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the EWF and/ or OC shall have no responsibility in any loss or damage of this property



- Should irrevocably release EWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or EWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.
- All participating federations and their members agree that any material recorded during the competition in which they are located may be used for EVF promotional purposes without compensation.

13.FURTHER INFORMATION

Albanian Weightlifting Federation	European Weightlifting Federation
Contact Person	EWF General Secretary
Mr. Elez GJOZA, President	Dr. Milan MIHAJLOVIC
Tel.: +355 67 2041 601 (WhatsApp)	Tel: +381 63 287 263 (WhatsApp)
e-mail:	e-mail:
albaniawf@gmail.com	secretariat@ewf.sport

Welcome!



Competition

16 October –
25 October 2022

Please note: The competition schedule is subject to change after the verification of final entries